



# ARMADA SENIOR CENTER

75400 NORTH AVENUE – PO BOX 306 ARMADA MI 48005

Jan Mueller, Director

(586) 784-8050 or cell (586) 651-6713

## OCTOBER – NOVEMBER- DECEMBER

It is hard to believe that Fall is already here and Winter is right around the corner. I have been very encouraged by the growing number of participants we have had for our activities. I am always looking for program and travel ideas. Please contact me if there is a program that you would like to see added or have a talent you would like to share with your fellow seniors.---

Jan Mueller, Director

### Fall Festival Potluck (RESCHEDULED)

**Wednesday, September 24 - 11 AM**

The Senior Center will join together to celebrate the end of summer with fun, friendship and food. Everyone will be asked to bring a dish to share, chicken will be provided. Please RSVP by Sept. 15 and indicate what dish you plan to bring.

### Christmas Party

**Wednesday- December 17 - 11 AM**

Interested seniors are welcome to join us at the Armada Senior Center for an event sure to put you in the holiday spirit. Ham and beverages will be provided. Seniors are asked to bring a dish to pass. There will be a \$10 gift exchange. If you wish to participate, please purchase a gender neutral gift to exchange. Please R.S.V.P by December 10.

### Happy "Hula"ween Party

**Friday, October 31 - 11 AM-2 PM**

**Cost: \$5.00**

Join us for a Halloween party with a tropical twist! A special lunch will be served. A menu is available for viewing at the Senior Center. Break out you Hawaiian shirt and join us for an a day o' fun! Please sign-up by October 15 to assure proper amounts of seating and food.



### Craft Day

**Wednesday, November 12 -1 PM**

**Cost: \$2.00**

Don't miss this opportunity to enjoy time with friends and take home a craft that you have made. A sample of the craft that will be made will be available after September 1. Please RSVP by August 5.

### Birthday Celebrations

Join us as we serve dessert to honor our friends with birthdays in October, November and December. Birthdays will be celebrated at 1 pm on Oct. 2, Nov. 6 and Dec 4. If you will be attending our celebrations please RSVP at (586) 784-8050.

### Blood Pressure Checks

The Fire Department will provide free blood pressure checks at the senior center the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month at 11 AM.

### Senior Stretch Exercise

**Wednesdays and Thursdays**

**10 AM – 10:45 AM**

Join a lively group of men and women for a free exercise program. Most exercises can be done from a standing or sitting position and are suitable for most seniors.

### Transportation

Transportation service is available to seniors (55 +) and disabled persons through a program funded by SMART. Travel must be scheduled at least 3 days in advance on a first come first serve basis. To arrange for transportation or for more information, contact the Richmond Lenox EMS at (586) 749-7713. A donation of \$1 per destination is suggested.

### HOT LUNCH & BINGO

Did you know that a group of seniors meet every Thursday at 11:30 for a Meals on Wheels lunch? Lunches are pre-ordered (1 week prior) and cost \$3. If you prefer, you can bring your own lunch. Bingo will be played following lunch.



## Seniors on the Move - Upcoming Trips

- Greektown Casino Friday, September 19 \$30.00  
Feeling lucky? Join us as we journey to the Greektown Casino for 5 hours of gaming. Guests under the age of 55 are welcome to join us...let's fill the bus!!! Trip includes transportation, driver tip, 5 hours at casino, with \$20 in comps. Departs Armada at 9 AM. Reservations must be made by Sept. 1. TRANSPORTATION PROVIDED WITH SMART FUNDS.

Keeping it Local - Blakes Apple Orchard and Winery Monday, October 6 \$10.00  
Meet us at Blakes Orchard located at 17985 Armada Center for a tour of the Cider Mill and a hayride. After enjoy some shopping, lunch or wine tasting on-site. Included in cost: tour of Cider Mill, ½ peck of apples, cider and a doughnut. We will meet at Blakes at 10 AM. If you plan to attend please sign-up by Friday, September 26.

Birch Run Shopping Trip Tuesday, October 21 \$2 Driver Tip/Cost of Lunch  
Beat the crowds and get a head start on your Christmas shopping or just enjoy the day with friends at the Birch Run Shopping Outlet. The Outlet features 145 designer and name-brand stores. Your trip includes transportation & driver gratuity. Departs Senior Center at 9 AM returning before 5 PM. TRANSPORTATION PROVIDED WITH SMART FUNDS. Reservations and payment need to be made by Friday, October 3
- Mystery Lunch Friday, November 7  
Board the bus at the Armada Senior Center for an enjoyable lunch at an undisclosed location. One lucky traveler will win a complimentary lunch. The group may make an additional stop on the way home. Bus departs the Armada Senior Center at 10:30 AM and returns by approx. 4 PM. Please call by October 31 to reserve a seat. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- 3 Guys-30 Instruments Holiday Show - Frankenmuth Wednesday, December 3 \$45.00  
Start your holidays off right by seeing one of the best shows of the season and enjoying a delicious lunch at Zehnders. Meal, transportation and tip are included. We will be seated at 11:30 AM for lunch. We will allow time to explore Frankenmuth following the show. Departs Armada at 9 AM. There is a limited number of tickets, RSVP today. TRANSPORTATION PROVIDED WITH SMART FUNDS.

\*\*\*PLEASE NOTE: We must have a minimum of 15 participants for a trip to run. Trips are available on a first come, first serve basis and payment should be made at the time of sign-up. If a trip is cancelled you will receive a full refund. If you have to cancel a refund will be made whenever possible. Checks should be made payable to CASH and should be mailed to Armada Senior Center - PO Box 306 Armada, MI 48005.

### IMPORTANT DATES:

**Daylight Savings Time- November 2**

**Election Day – November 4**

**November 27- CLOSED**

**THANKSGIVING December 24, 25-**

**CLOSED CHRISTMAS**

**Dec. 31/Jan 1-CLOSED NEW YEARS**