



ARMADA SENIOR CENTER

75400 NORTH AVENUE – PO BOX 306 ARMADA MI 48005

Jan Mueller, Director

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JANUARY-FEBRUARY-MARCH - 2016

Welcome 2016! I want to take this opportunity to thank everyone for the gifts and well wishes that I received during the holiday season. I wish you all a happy, healthy New Year!

Please contact me with program ideas, travel suggestions and craft ideas.

Hope to see you soon!!

Jan Mueller, Director



Introduction to Essential

Oils - Tuesday, February 9 – 7 PM

If you have ever been curious about essential oils, but aren't sure where to start, then this class led by Dr. Julie Lefever is the class for you. She will give an overview of DoTERRA and educate you in the many beneficial uses of essential oils. Come join us to smell and sample the amazing DoTERRA essential oils and explore their life changing results! Please register for this class so we are sure to have enough materials.

Craft Days

Wednesdays, February 10 & March 2 – Noon Cost: \$2.00

Don't miss this opportunity to enjoy time with friends and take home a craft that you have made. Please RSVP to ensure supplies are available the day of crafts.

St. Patrick's Day

Party/Potluck



Wednesday, March 16 - 11 AM

The Senior Center will join together to celebrate St. Patrick's Day with fun, friendship and food. Everyone will be asked to bring a dish to share. Irish Chicken and beverages will be provided. We will also have musical entertainment. Please RSVP by March 9 and indicate what dish you plan to bring.

Senior Exercise

Wednesdays and Thursdays 10 AM – 10:45 AM

Join a lively group of men and women for a free exercise program. Most exercises can be done from a standing or sitting position and are suitable for most seniors.

Transportation

Transportation service is available to seniors (55+) and disabled persons through a program funded by SMART. Travel must be scheduled at least 3 days in advance on a first come first serve basis. To arrange for transportation or for more information, contact the Richmond Lenox EMS at (586) 749-7713. A donation of \$1 per destination is suggested.

Please Note:

I WILL BE ON VACATION AND THE SENIOR CENTER WILL BE CLOSED JANUARY 27 - FEBRUARY 3. PROGRAMS WILL RESUME THURSDAY, FEBRUARY 4. ALL PROGRAMS WILL BE CANCELLED AND NO PHONE CALLS WILL BE RETURNED DURING THAT TIME PERIOD.



Birthday Celebrations

Join us as we serve dessert to honor our friends with birthdays in January, February and March. Birthdays will be celebrated at 12 PM on Jan. 7, Feb. 4 and March 3. If you will be attending our celebrations please RSVP at (586) 784-8050.

ENJOY WINTER

WEDNESDAYS! - 11 AM

Beat the Winter blues! The Senior Center will host a variety of get-togethers complete with prizes. If you have never played the games but are interested, this is a great opportunity to learn. Please plan to bring a lunch, we will eat at 11 AM. During lunch the rules of the game will be reviewed and we will begin game play at 11:30 Refreshments desert will be provided.

February 17 – Bunco

February 24 - Pokeno

March 9 – Mah-Jongg

Please RSVP one week prior to play.

Seniors on the Move - Upcoming Trips

- Emagine Theatre/Culver's Wednesday, January 20 \$2 Driver Tip/Cost of Lunch
Meet at the Senior Center at 11 AM and carpool to Culver's for lunch. Following lunch we will visit the Emagine Theatre and enjoy an afternoon matinee movie. You will need money for lunch and \$6 for admission to the theatre. The Emagine Theatre is located on 23 Mile Rd. We will choose the movie(s) based on participants desires. Contact Jan Mueller by Monday, January 18 to select a movie and secure transportation. If you are a driver and would be willing to transport a small group of seniors your theatre ticket will be complimentary.
- Mystery Trip Friday, February 12 \$2 Driver Tip/Cost of Lunch
Board the bus at the Armada Senior Center for an enjoyable lunch at an undisclosed location. One lucky traveler will win a complimentary lunch. The group will make an additional stop on the way home. Bus departs the Armada Senior Center at 10:30 AM and returns by approx. 3 PM. Please call by February 1 to reserve a seat. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- Strawberry Fields/Stahl's Car Museum Tuesday, February 23 \$2 Driver Tip/Cost of Lunch
Back by popular demand. Join us as we enjoy lunch at Strawberry Fields and visit the Stahl's Car Museum. We will depart from the Armada Senior Center at 11:30 AM. If you have never visited the Museum it will be worth your time!! TRANSPORTATION PROVIDED BY SMART.
- Morley's Candy Tour Friday, March 18 \$2 Driver Tip
Sit back and enjoy the fascinating story of chocolate, learn how it is made, and how Morley and Sanders got their start right here in Detroit. The tour begins with a 20 minute video. Next, taste a free sample of chocolate and enjoy watching the candy makers from a 150 ft. observation walk way overseeing the candy kitchen. Finally, enjoy some free time in the candy shop where you can purchase delicious treats. This will be a great time to pick up a few Easter goodies. Bus will the Armada Senior Center at 9:15 AM and return approximately noon. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- Meadowbrook Theatre "Calendar Girls" Wednesday, March 23 \$20 plus Cost of Lunch
Enjoy lunch at the Red Ox in Rochester and enjoy a 2 pm showing of "Calendar Girls". Annie and her best friend Chris resolve to raise money for a new settee in the local hospital waiting room. The ladies manage to persuade four fellow Women's Institute members to pose nude with them for an "alternative" calendar, with a little help from the hospital porter and amateur photographer, Lawrence. This play is based on the true story. Calendar Girls is a hilarious, yet beautifully touching play. There will be some implied nudity in portions of this play but I have been assured all parts are creatively covered. Bus will depart from the Senior Center at 11:30 and return at approx. 4 PM. Reservations and payment need to be made by Friday, February 5, we must have 20 people for the trip to go. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- Bronner's/Neil Diamond Tribute (Zehnder's) Thursday, April 7 \$42.00
Board the bus and enjoy the day in Frankenmuth. Our first stop will be Bronner's where you can enjoy some shopping. We will then depart for Zehnder's where we will enjoy a delicious lunch and entertaining show. Departs Armada at 8 AM. Reservations must be made and payment received by Feb. 26. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- Tulip Festival Overnight May 10-11 \$159.00 (approx.)
A trip to Holland, MI is being planned. I need to have 20 people sign up before reservations and deposits can be made. If you think you might be interested, please RSVP by March 1. A complete itinerary will be provided when the trip is confirmed.

***PLEASE NOTE: [Checks should be made payable to CASH and should be mailed to Armada Senior Center - PO Box 306 Armada, MI 48005.](#)