

# ARMADA SENIOR CENTER

75400 NORTH AVENUE – PO BOX 306 ARMADA MI 48005

Jan Mueller, Director

(586) 784-8050 or cell (586) 651-6713

Email: [seniorcenter@armadatwp.org](mailto:seniorcenter@armadatwp.org)

OFFICE HOURS:

WEDNESDAYS &

THURSDAYS

9:30 AM – 2:30 PM.

## JULY-AUGUST-SEPTEMBER - 2018

### Welcome Summer!

If you're anything like me you never thought summer would get here. This newsletter is going out a little early to give more seniors the opportunity to join us for our programs and trips. I hope you all take the opportunity to enjoy the activities that have been planned. Please contact me with program or travel ideas. Hope to see you soon!!

Jan Mueller, Director

### Senior Fun Festival

**Tuesday, June 12 - 9 AM-12 PM**

Macomb County's Largest Senior Expo (previously held at the Gibraltar Trade Center) will be held at **Jimmy John's Field 7171 Auburn Rd, Utica**. There will be no transportation provided but on-site parking is free.

The event will feature Community Resources, Wellness Activities, Health Screenings, Live Entertainment, and Bingo. Food Available for purchase. There will be a baseball game at 1 PM. A limited number of free tickets will be available on a first come first serve basis. Please leave a message at (586) 784-8050 if interested in tickets.

### Patriotic Picnic

**Friday, July 6 – 11 AM**

Enjoy food and fun with fellow seniors. We will be holding a potluck barbeque. Hamburgers & hot dogs will be provided. Sign-up by June 30 to attend.

Remember to wear red, white & blue!



### Summer Walking

Looking for motivation to lose a few pounds or just get in a few extra steps? Anyone interested in walking should meet at the Armada Library at 11 AM on Wednesdays beginning June 6. We will walk the beautiful Macomb Orchard Trail for approximately 30 minutes. After the walk, join friends for lunch at a downtown restaurant. Grab your friends and enjoy the great outdoors this summer!!

### Craft Day

**Wednesday, June 20 & Sept. 19  
11 AM Cost: \$2.00**

Don't miss this opportunity to enjoy time with friends and take home a craft that you have made. Please RSVP by 6/15 to ensure supplies are available the day of crafts.

### Transportation

Transportation service is available on a first come first serve basis to seniors (55+) through a program funded by SMART. Contact the Richmond Lenox EMS at (586) 749-7713. A donation of \$1 per destination is suggested.

### Senior Exercise

**Wednesdays 10 AM – 10:45 AM**

Join a lively group of men and women for a free exercise program. Most exercises can be done from a standing or sitting position and are suitable for most seniors. There will be no exercise 7/18.

### Fall Potluck

**Friday, September 14 – 11 AM**

Join your fellow seniors in a celebration of Fall. Everyone will be asked to bring a dish to share. Chicken and beverages will be provided. Please RSVP by Sept. 1

### Senior Center Closings

The Senior Center will be closed and regular programs will be cancelled July 18 & 19. You will not be able to reach me during this period please leave a message at (586)651-6713 and I will return your call when I return.

## Seniors on the Move - Upcoming Trips

- **The Rum Runners Tour** Friday, June 8 \$80/per person  
Trip departs from the Armada Senior Center at 8:30 AM and returns at approximately 5 PM **Travelers must have proper documentation to visit Canada (passport, passport card or enhanced driver's license).**
- **Greektown Casino** Friday, June 29 \$30  
We will be visiting the Greektown Casino for five hours of entertainment. Each person will receive \$15 in bonus play and \$5 for food. We will depart from the Armada Senior Center at 9:15 AM and return at about 4 PM. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- **Suncrest Gardens** Friday, July 13 \$10  
Enjoy an outing in Lapeer at the Master Gardeners' "Garden on Suncrest" complete with a picnic lunch. We will depart from the Armada Senior Center at 10:30 AM and return by 3 PM. Cost includes transportation, lunch and driver's tip. A sandwich platter from Subway, condiments, chips, water and cookies will be served. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- **Shipshewana Overnight** Friday, July 27- Saturday July 28 \$190/per person  
Join us for a two day trip to Shipshewana that will include a Quilt Garden Tour, a visit to Menno Hof (a museum that tells the Amish-Mennonite story), Thresher's dinner and lodging at Amish Acres, performance of Copacabana at the Round Barn Theatre, visit to E & S Bulk Foods, Yoder's Meat & Cheese Company and a hummingbird sanctuary. Cost includes lodging, dinner, continental breakfast, theatre ticket, admission to Menno Hof museum, driver tip. You will be responsible for the cost of meals on the way (and any purchases). There will be two persons to a room. If you plan to room with someone please indicate it when you sign up. A full itinerary will be provided upon payment. Please RSVP by July 1. We will depart from the Armada Senior Center at 7 AM on Friday and return at approximately 5 PM on Saturday.
- **DIA** Thursday, August 2 \$2 Driver tip  
Enjoy an afternoon at the DIA! Board a bus at the Armada Senior Center for a day at the Detroit Institute of Arts. Featuring tours & talks. Bus will depart at Noon and return approx. 4 PM. We must have 25 for this trip to proceed. Please reserve your spot by July 13.
- **Palazzo di Bocce** Friday, August 10 \$30  
Guests will enjoy 1 ½ hours of court time complete with instruction. There is plenty of seating available. A two pasta lunch with be served with coffee, tea and soft drinks. Bus will depart from the Armada Senior Center at 10:15 AM and return at approx. 3:30 PM. Please reserve your spot by Aug. 1. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- **Montrose Blueberry Festival & Tour of the Montrose Telephone Museum** Friday, Aug. 17 \$2 Driver tip  
Enjoy the day at the Montrose Blueberry Festival complete with entertainment, arts & crafts, food and a tour of the Montrose Telephone Museum. We will depart from the Armada Senior Center at 9 AM & return at approx. 3:30 PM. Meals will be on your own at the festival. Please reserve your spot by Aug. 1. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- **Detroit Zoo** Wednesday, September 5 \$2 Driver Tip  
Get your vitamin Z! Join us for Senior Day at the Zoo. Admission is free for Seniors 62+ guests under 62 will pay \$15 admission. The day will be include live music, tram tours, Bingo, a Senior Resource Area and Zookeeper talks Bring your lunch or purchase one at the zoo. We will depart from the Armada Senior Center at 9:30 AM Please reserve your spot by August 15. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- **Zehnder's Holiday Show "3 Men 30 Instruments/Bronner's** Wednesday, Nov. 28 \$50  
Get into the holiday spirit! Don't miss the opportunity to see this amazing group on their farewell tour. Their humor and unique interpretation of musical styles spanning five decades, as well as Christmas classics. We will depart from the Armada Senior Center at 8:00 AM, visit Bronner's and proceed to Zehnder's for lunch and show. If time allows, we will have a little time to shop after the show. This trip fills up quickly, your spot will be held upon full payment. TRANSPORTATION PROVIDED WITH SMART FUNDS.

**\*\*\*PLEASE NOTE: Checks should be made payable to CASH and should be mailed to Armada Senior Center - PO Box 306 Armada, MI 48005. Trips must be paid for upon reservation with the exception of the trips that only charge the driver tip.**