



# ARMADA SENIOR CENTER

75400 NORTH AVENUE – PO BOX 306 ARMADA MI 48005

Jan Mueller, Director

(586) 784-8050 or cell (586) 651-6713

Email [seniorcenter@armadatwp.org](mailto:seniorcenter@armadatwp.org)

OFFICE HOURS:  
WEDNESDAYS &  
THURSDAYS  
9:30 AM – 2:30 PM.

## JANUARY - FEBRUARY - MARCH - 2018

### Welcome 2018!

Well, Winter is upon us!! I want to thank everyone for the gifts and well wishes that I received during the holiday season. It brings me joy to see the programs at the Armada Senior Center grow. I am working hard to provide quality events & trips for 2018. Please contact me with program ideas, travel suggestions and craft ideas.

I wish you all a happy, healthy New Year! Hope to see you soon!!

Jan Mueller, Director

### Presentation on In Home Care & Senior Residences

#### **Wednesday, March 14– 11 AM**

Join us as we welcome back Glenn Clark from the Attorney General's Senior Brigade with an important discussion which includes resources available to help you make the best decisions for yourself or your loved ones at home or in a senior residence now or in the future. We will have soup, chili, dessert and beverages available at 10:45 for anyone interested. Please RSVP by March 1. Guests of any age are welcome.

### St. Patrick's Potluck

#### **Friday, March 16 - 11 AM**

The Senior Center will join together to celebrate St. Patrick's Day with fun, friendship and food. Everyone will be asked to bring a dish to share. Corned Beef and beverages will be provided. Please RSVP by March 9 and indicate what dish you plan to bring. Wear green and be entered into a special drawing.

### Valentine's Potluck



#### **Wednesday, February 14 – 11 AM**

Cupid has gone missing!!!! Bring your friends and solve the clues. Each table will have their own set of clues. The first table to solve the mystery will receive a special Valentine surprise. Interested seniors are welcome to join us at the Armada Senior Center for a potluck that will make cupid blush. Pulled Barbeque Chicken & Sloppy Joe sandwiches will be provided. Seniors are asked to bring a dish to pass. Please R.S.V.P by February 1<sup>st</sup>.

### Craft Days

#### **Wednesday -February 28 & April 11**

#### **Cost: \$2.00/craft**

Don't miss this opportunity to enjoy time with friends and take home a craft that you have made. Please RSVP one week prior to ensure supplies are available the day of crafts. Plan to arrive between 11:30 & noon.

### Birthday Celebrations

Join us as we serve dessert to honor our friends with birthdays in January, February and March. Birthdays will be celebrated at 12 on Jan. 4, Feb. 8 and March 1.

### Senior Exercise - FREE

#### **Wednesdays 10 AM – 10:45 AM**

Join a lively group of men and women for an exercise program. Most exercises can be done from a standing or sitting position and are suitable for most seniors.

### Snow Days \*\*\*\*\*

The Senior Center will be closed and all programs will be cancelled if Armada Schools are closed for snow or unfavorable weather. If a trip is scheduled and needs to be cancelled you will be notified.

### Breakfast Bingo

#### **Friday, April 6, 2018 – 9 AM**

It's Spring! Join us for a pancake breakfast. Following breakfast we will play Bingo. We ask that all attendees bring a white elephant prize in a bag for the Bingo. RSVP by March 16.



### Transportation

Transportation service is available to seniors (55+) and disabled persons through a program funded by SMART. Contact Richmond Lenox EMS at (586) 749-7713. A donation of \$1 per destination is suggested.

## Seniors on the Move - Upcoming Trips

- Mystery Trip *Friday, January 12* *\$2 Driver Tip/Cost of Lunch*  
Board the bus at the Armada Senior Center for an enjoyable lunch at an undisclosed location. One lucky traveler will win a complimentary lunch. We will make a stop after lunch. The stop will include some outdoor walking. If you wish to participate please plan to dress appropriately. Bus departs the Armada Senior Center at 10 AM and returns by approx. 4 PM. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- North American International Auto Show *Friday, January 26* *\$2 Driver Tip + Admission*  
Experience North America's largest and most prestigious automotive showcase. See the most innovative designs in the world and the next generation of transportation. Tickets will be purchased upon arrival \$7 (65+) or \$9 Adult (under 65). A food court is available if you wish to purchase food. Guests are welcome. Bus will depart from the Armada Senior Center at 9 AM and return by approx. 4 PM. Please RSVP by January 12 to attend. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- Thunder Bay Resort *Friday, February 23* *\$115/person*  
Journey to northern Michigan to enjoy a great adventure! We will be visiting the award-winning Thunder Bay Resort in Hillman Michigan. Our trip will take you, literally, "Over the river and through the woods" to Elk Antler Cabin. View magnificent Northern Elk in their natural habitat. Bull elk, cow elk and even calves, so bring your cameras!! We will dine at Elk Antler Cabin a wonderfully decorated, welcoming place with toasty fire in the stone fireplace. A delicious dinner cooked on century old wood stoves: Hearty Chicken Soup, Baja Salad, Shrimp Scampi, Crown Pork Roast, Sorbet and a variety of local wines to enjoy. This package includes: Morning muffins and coffee for the road, transportation, Elk Viewing Carriage/Sleigh ride (complete with wool blankets), dinner, wine tasting and driver tip. We will depart from the Armada Senior Center at 7 AM and return at approx. 7 PM. We will have a bus with a restroom onboard and make rest stops along the way. TRANSPORTATION WILL BE PROVIDED IN PART WITH SMART FUNDS. WE NEED AT LEAST 25 PEOPLE TO SIGN UP FOR THIS TRIP TO GO. GUESTS 21 AND UP ARE WELCOME TO JOIN OUR GROUP. If you are interested in going, you must RSVP and pay by February 1.
- GM Heritage Center/Jovan's *Wednesday, March 21* *\$30/person*  
The GM Heritage Center surrounds its visitors with the remarkable history and accomplishments of General Motors. Historic vehicles, automotive memorabilia and artifacts fill the 80,000 square foot facility. Please be sure to wear comfortable walking shoes. After the tour we will enjoy a family style lunch at Jovan's. Lunch will include salad, mostaccioli, and two types of meat, mashed potatoes, vegetable, rolls, coffee, tea or soda. Included in trip price: family style meal at Jovan's, transportation, tip to driver and admission to the GM Heritage Center. Bus will depart from the Armada Senior Center at 10:45 AM and return at approx. 3 PM. Please RSVP by March 9 to attend. TRANSPORTATION PROVIDED WITH SMART FUNDS.

### \*\*\*PLEASE NOTE:

Checks should be made payable to CASH and should be mailed to Armada Senior Center - PO Box 306 Armada, MI 48005.

YOU MUST CHECK IN INSIDE THE BUILDING AND BE READY TO BOARD THE BUS 15 MINUTES PRIOR TO DEPARTURE TIMES.