

ARMADA SENIOR CENTER

75400 NORTH AVENUE – PO BOX 306 ARMADA MI 48005 Jan Mueller, Director (586) 784-8050 or cell (586) 651-6713 Email seniorcenter@armadatwp.org

APRIL-MAY-JUNE - 2016

Welcome Spring! I am so happy to see the days getting longer, the snow falling less and our snow-birds returning to Armada. I hope you all take the opportunity to enjoy the activities that have been planned. Please contact me with program ideas, travel suggestions and craft ideas.

Hope to see you soon!!

Jan Mueller, Director

Birthday Celebrations

Join us as we serve dessert to honor our friends with birthdays in April, May and June. Birthdays will be celebrated at 12 PM on April 14, May 5 and June 2. If you will be attending our celebrations please RSVP at (586) 784-8050.

SUMMER WALKING CLUB

Looking for motivation to lose a few pounds or just get in a few extra steps? The Senior Center will sponsor a summer walking program from Memorial Day, May 30 until Labor Day September 5. Pedometers and daily step sheets will be given out to all interested seniors beginning May 15. Simply use your pedometer and track your daily steps. The top two seniors will receive a special priz potluck. Grab your friend the great outdoors this summer!!

Quatro Dí Mayo

Party/Potluck

Wednesday, May 4 - 11 AM

The Senior Center will join together to celebrate Cinco Di Mayo a day early. We will share a spread of Mexican food. Everyone will be asked to bring a dish to share. Beef and chicken for tacos and beverages will be provided. Please RSVP by April 29.

Craft Days

Wednesdays, June 15 &
September 7 – Noon Cost: \$2.00
Don't miss this opportunity to enjoy time with friends and take home a craft that you have made. Please
RSVP to ensure supplies are available the day of crafts.

Patriotic Picnic

Friday, July 1 – 11 AM

Enjoy food and fun with fellow seniors. We will be holding a potluck barbeque. Hamburgers & hot dogs will be provided. Sign-up by June 27 to attend.

Senior Exercise

Wednesdays 10 AM – 10:45 AM
Join a lively group of men and
women for a free exercise
program. Most exercises can be
done from a standing or sitting
position and are suitable for most
seniors.

Transportation

Transportation service is available to seniors (55 +) and disabled persons through a program funded by SMART. Travel must be scheduled at least 3 days in advance on a first come first serve basis. To arrange for transportation or for more information, contact the Richmond Lenox EMS at (586) 749-7713. A donation of \$1 per destination is suggested.

Thank you Volunteers

April is Volunteer Appreciation Month, I want to thank our volunteers for everything they do for the Armada Senior Center throughout the year!!!

Please Note:

THE SENIOR CENTER WILL BE CLOSED THURSDAY, JUNE 16, 2016. IF YOU LEAVE A MESSAGE I WILL RETURN YOUR CALL AFTER 6/121.

Seniors on the Move - upcoming Trips

- Bronner's/Neil Diamond Tribute (Zehnder's)
 Board the bus and enjoy the day in Frankenmuth. Our first stop will be Bronner's where you can enjoy some shopping.
 We will then depart for Zehnder's where we will enjoy a delicious lunch and entertaining show. Departs Armada at 8
 AM. Reservations must be made and payment received by Feb. 26. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- OPC Spring Musical "Spring Fling" Wednesday, May 18 \$20.00
 Enjoy a lunch performance by the 650 Players at the Rochester OPC. Price includes transportation, tip, luncheon and performance. The show will be from 12-3 PM. Depart from the Armada Senior Center at 10:30 AM. <u>TRANSPORTATION PROVIDED WITH SMART FUNDS.</u> Tickets must be purchased by May 10.
- Sugar Art Cookie Decorating
 If you have ever admired beautiful decorated cookies this trip is for you. Board the bus at the Armada Senior Center at 12:30 for a fun afternoon class at Sugar Art in Romeo. Each participant will decorate and take home six cookies.
 Reservations must be made by May 15.
- United Shore Professional Baseball League Thursday, June 9 \$35
 Have you hear about the new minor league baseball stadium in Utica, MI? Join us as we enjoy a 7:25 PM game featuring the Utica Unicorns vs. the Diamond Hoppers. We will enjoy a pre-game picnic and then watch the game right from the picnic area in right field. Price includes: transportation to/from the game, driver tip, ticket to game, hot dog or hamburger, pasta salad, chips and two drink tickets per person. We will depart from the Armada Senior Center at 5:30.
- Greektown Casino
 Wednesday, June 29
 Feeling lucky? Join us as we journey to the Greektown Casino for 5 hours of gaming. Guests under the age of 55 are welcome to join us...let's fill the bus!!! Trip includes transportation, driver tip, 5 hours at casino, with \$20 in comps.
 Departs Armada at 9 AM. Reservations must be made by June 20. TRANSPORTATION PROVIDED WITH SMART FUNDS.
- Mystery trip
 Friday, July 15
 \$2 Driver Tip/Cost of Lunch
 Board the bus at the Armada Senior Center for an enjoyable lunch at an undisclosed location. One lucky traveler will win a complimentary lunch. The group will make an additional stop on the way home. Bus departs the Armada Senior Center at 10:30 AM and returns by approx. 3 PM. Please call by June 1 to reserve a seat. <u>TRANSPORTATION PROVIDED</u> WITH SMART FUNDS.

***PLEASE NOTE: Checks should be made payable to CASH and should be mailed to Armada Senior Center - PO Box 306 Armada, MI 48005.